



A MONTHLY PUBLICATION
JULY 2022

FREE

VOLUME 1 ISSUE 10

"This Newspaper Features Relevant Facts on Health, Safety & History."



**REMEMBERING THE
LEGENDARY TUSKEGEE
AIRMEN WHO FOUGHT TWO
WARS: ONE ABROAD AGAINST
COMMUNISM, AND THE OTHER
AT HOME AGAINST RACISM!**

**"During the 2022 Memorial Day
Fly-In at Moton Field"**



See story on page 3.

BLACK HISTORY: "ALWAYS & FOREVER!"



**Giving to a Community that Gives to Us
COMMUNITY SERVICE**

Next Step Up is designed to engage Tuskegee University students and high school students in the community. Therefore, volunteer activities such as community trash clean ups, volunteering to package meals at local food banks and volunteering at nursing homes are held to immerse all participants in the Tuskegee community.

Studies show that participating in community service and being immersed in the inner workings of one's community helps to foster a strong sense of community pride. We therefore encourage high school students to participate in our community service activities to foster pride, love and belongingness.

A Legacy of Purposeful and Meaningful Work!
Next Step Up celebrated its eighth year (8th) of service this January. For the past eight years our volunteers have been dedicating their time, love, skills, and knowledge to empower Tuskegee's youth, but it doesn't stop there. Next Step Up has worked to become an integral part of the Tuskegee community. We have partnered with churches, with food banks, and with local nursing homes; we have helped with community gardening and have led community beautification efforts. We have participated in numerous community activities and continue to expand our reach each and every day!

We engage in purposeful and meaningful work and hope to leave behind a legacy of excellence that will radiate throughout each and every community we touch. This newsletter provides an update on our recent activities and demonstrates how we mentor, tutor, and change lives! Enjoy!

Note from the Founder

Oh, the places we will go! As we dig our heels deeper into the school year I am thrilled by the impact of the work that we are doing and inspired by the effort, excitement, commitment, and enthusiasm of our volunteers. This semester we had 67 new volunteers join our organization. That's 67 young, brilliant Tuskegee University students eager to get into the Tuskegee community to lend a hand, change lives and have theirs changed as well. That thought alone humbles me.

With these 67 volunteers we have begun our mentoring and tutoring services at Booker T. Washington High School, engaged in meaningful community activities, and expanded our program. That's right, we've expanded, not only are we continuing to work with high school students, we have expanded our program to Tuskegee Institute Middle School.

This semester we are piloting our program with 10 trail blazing volunteers. Through our middle school program, volunteers will provide individualized assistance in-class and lead hands on learning activities with students.

As we embark on this school year I can only imagine the potential of this program to change more lives. I hope for this to be a program that defines a volunteer's "Tuskegee experience" and provides middle and high school students with the tools they need to succeed.

This newsletter highlights our current activities to keep you abreast with the latest NSU news. Additionally, we are always looking to partner. If you, your business, or organization would like to partner or donate, please reach out to us at tuskegeenextstepup@gmail.com.

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TUSKEGEE'S MASK ORDINANCE IS STILL IN EFFECT!

ORDINANCE NO. 2020-05

“An Ordinance to require masks in public in the City of Tuskegee during the COVID-19 Public Health Emergency and Recovery.”

Adopted: August 11, 2020



<https://youtu.be/3tKM1MIJq3g>

<https://youtu.be/okux0UhYNIs>

TUSKEGEE AIRMEN: "FAILURE IS NOT AN OPTION!"

SOME THINGS THAT BLACKS SHOULD NEVER FORGET ABOUT THE LEGENDARY TUSKEGEE AIRMEN!

REPRINT from Wikipedia

The Tuskegee Airmen were the first African-American military aviators in the United States Armed Forces. During World War II, black Americans in many U.S. states were still subject to the Jim Crow laws [N 1] and the American military was racially segregated, as was much of the federal government. The Tuskegee Airmen were subjected to discrimination, both within and outside of the army.

The Tuskegee Experiment is an example of effective leadership in the face of adversity. The experiment is a testimony of moral courage, where young black airmen served their country extremely well despite the "second class" treatment they received. The Tuskegee Airmen proved that the measure of merit is performance. The fact is, the Tuskegee Airmen experiment was suppose to fail!

African American military pilots (fighter and bomber) and airmen who fought in World War II. They formed the 332d Fighter Group and the 477th Bombardment Group (Medium) of the United States Army Air Forces (USAAF). The name also applies to the navigators, bombardiers, mechanics, instructors, crew chiefs, nurses, cooks, and other support personnel.

All black military pilots who trained in the United States trained at Griel Field, Kennedy Field, Moton Field, Shorter Field, and the Tuskegee Army Air Fields.[2] They were educated at the Tuskegee Institute (now Tuskegee University), located near Tuskegee, Alabama. Of the 922 pilots, five were Haitians from the Haitian Air Force and one pilot was from Trinidad.[3] It also included a Hispanic or Latino airman born in the Dominican Republic.[4]

The 99th Pursuit Squadron (later the 99th Fighter Squadron) was the first black flying squadron, and the first to deploy overseas (to North Africa in April 1943, and later to Sicily and other parts of Italy). The 332nd Fighter Group, which originally included the 100th, 301st and 302nd Fighter Squadrons, was the first black flying group. It deployed to Italy in early 1944. Although the 477th Bombardment Group trained with North American B-25 Mitchell bombers, they never served in combat. In June 1944, the 332nd Fighter Group began flying heavy bomber escort missions and, in July 1944, with the addition of the 99th Fighter Squadron, it had four fighter squadrons.

The 99th Fighter Squadron was initially equipped with Curtiss P-40 Warhawk fighter-bomber aircraft. The 332nd Fighter Group and its 100th, 301st and 302nd Fighter Squadrons were equipped for initial combat missions with Bell P-39 Airacobras (March 1944), later with Republic P-47 Thunderbolts (June–July 1944) and finally with the aircraft with which they became most commonly associated, the North American P-51 Mustang (July 1944). When the pilots of the 332nd Fighter Group painted the tails of their P-47s red, the nickname "Red Tails" was coined. The red markings that distinguished the Tuskegee Airmen included red bands on the noses of P-51s as well as a red rudder; the P-51B, C and D Mustangs flew with similar color schemes, with red propeller spinners, yellow wing bands and all-red tail surfaces.

Before the Tuskegee Airmen, no African-American had been a U.S. military pilot. In 1917, African-American men had tried to become aerial observers but were rejected.[6] African-American Eugene Bullard served in the French air service during World War I because he was not allowed to serve in an American unit. Instead, Bullard returned to infantry duty with the French.[7]

The racially motivated rejections of World War I African-American recruits sparked more than two decades of advocacy by African-Americans who wished to enlist and train as military aviators. The effort was led by such prominent civil rights leaders as Walter White of the National Association for the Advancement of Colored People, labor union leader A. Philip Randolph and Judge William H. Hastie. Finally, on 3 April 1939, Appropriations Bill Public Law 18 was passed by Congress containing an amendment by Senator Harry H. Schwartz designating funds for training African-American pilots. The War Department managed to put the money into funds of civilian flight schools willing to train black Americans.[6]

War Department tradition and policy mandated the segregation of African-Americans into separate military units staffed by white officers, as had been done previously with the 9th Cavalry, 10th Cavalry, 24th Infantry Regiment and 25th Infantry Regiment. When the appropriation of funds for aviation training created opportunities for pilot cadets, their numbers diminished the rosters of these older units.[8] In 1941, the War Department and the Army Air Corps, under pressure — three months before its transformation into the USAAF — constituted the first all-black flying unit, the 99th Pursuit Squadron.[9]

Because of the restrictive nature of selection policies, the situation did not seem promising for African-Americans, since in 1940 the U.S. Census Bureau reported there were only 124 African-American pilots in the nation.[10] The

exclusionary policies failed dramatically when the Air Corps received an abundance of applications from men who qualified, even under the restrictive requirements. Many of the applicants had already participated in the Civilian Pilot Training Program, unveiled in late December 1938 (CPTP). Tuskegee University had participated since 1939.[11]

The U.S. Army Air Corps had established the Psychological Research Unit 1 at Maxwell Army Air Field, Montgomery, Alabama, and other units around the country for aviation cadet training, which included the identification, selection, education, and training of pilots, navigators and bombardiers. Psychologists employed in these research studies and training programs used some of the first standardized tests to quantify IQ, dexterity, and leadership qualities to select and train the best-suited personnel for the roles of bombardier, navigator, and pilot. The Air Corps determined that the existing programs would be used for all units, including all-black units. At Tuskegee, this effort continued with the selection and training of the Tuskegee Airmen. The War Department set up a system to accept only those with a level of flight experience or higher education which ensured that only the ablest and most intelligent African-American applicants were able to join.[citation needed]

Airman Coleman Young, later the first African-American mayor of Detroit, told journalist Studs Terkel about the process: "They made the standards so high, we actually became an elite group. We were screened and super-screened. We were unquestionably the brightest and most physically fit young blacks in the country. We were super-better because of the irrational laws of Jim Crow. You can't bring that many intelligent young people together and train 'em as fighting men and expect them to supinely roll over when you try to mess over them!"





MACON COUNTY COMMUNITY PARTNERS TASK FORCE

**Task Force Members
 Congratulate the City of Tuskegee on the excellent
 2022 JUNETEENTH Celebration**



On Tuesday evening, May 17, 2022; the City of Tuskegee's Advancing Health Literacy Grant presented a COVID-19 educational workshop, Yes, We Can Defeat COVID-19! Dr. A. Deloris Alexander, Professor at Tuskegee University, presented "The COVID-19 Pandemic: Pulling Yourself Up by Your Bootstraps" and Dr. Cheryl Davis, Interim Executive Director of the Tuskegee Area Health Education Center, presented "Yes, We Can Beat COVID-19!"

Ms. Kim R. Ortiz, City of Tuskegee's Advancing Health Literacy Grant Project Director and workshop co-chair, was the moderator. Dr. Ehsan Abdalla, workshop chair and Assistant Professor at Tuskegee University, distributed a COVID-19 survey to the virtual and in-person participants. Citizens can view the COVID-19 educational workshop's photos, presentations, and videos by going to the Photo Gallery and Public Health Resources tabs at www.tuskegeeahlgrant.com.

As we work to defeat COVID-19, Macon County's input is needed for an anonymous survey found at https://tuskegeepublichealth.iad1.qualtrics.com/jfe/form/SV_51plXGtenULyqO2. Survey results will help determine and implement COVID-19 intervention strategies and practices. Please respond to the questions you feel comfortable answering. For the ID code, enter any set of self-selected, random numbers.

For COVID-19 and health literacy information, please visit the Advancing Health Literacy Grant's Website at www.tuskegeeahlgrant.com. Also, follow our three social media and YouTube pages:
 Facebook: Tuskegee Advancing Health Literacy Grant <https://www.facebook.com/tuskegeeahlgrant>
 Instagram: TuskegeeAHL <https://www.instagram.com/tuskegeeahl/>
 Twitter: Tuskegee HHS Advancing Health Literacy Grant @TuskegeeAHL <https://twitter.com/TuskegeeAHL>
 YouTube: Tuskegee Advancing Health Literacy Grant—https://www.youtube.com/channel/UC4LO1OQuQ1TBi_Gwpu7DKgw/featured

For more information about the Tuskegee Advancing Health Literacy Grant, please contact Kim R. Ortiz, Advancing Health Literacy Grant Project Director; at krortiz@tuskegeealabama.gov; Dorothy Webber, Outreach Coordinator, at dwebber.tuskegeeahloutreach@gmail.com; or David Lunn, Jr., Outreach Coordinator, at dlunn.tuskegeeahloutreach@gmail.com



"WE MUST STOP THE KILLING!"

"A GREAT SOCIETY BEGINS WITH YOU." THIS MEANS THAT YOU MUST DO YOUR PART TO BE A 'STRONG LINK, RATHER THAN A WEAK ONE!'



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 301 Wright Street, Tuskegee, AL
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 334-727-8011
 Dr. Charlotte P. Morris, President

Reclaiming the Moral High Ground

By Pastor Manuel
Greater Friendship MB Church

Our county is once again mourning the loss of multiple lives at the hands of misguided individuals. We are at a moral crossroad that must be navigated with care. We can either abandon the truth and retreat deeper into apathy, or we can reclaim the moral high ground and revitalize our community. I'd like to share 3 thoughts with you on how we can reclaim the moral high ground.



Compassion

God rescued Israel and invited them to be "His" people. As they entered into this new relationship with God, He commanded them to love God and to show love to each other. "You shall not murder" Exodus 20:13, is a commandment born out of a love for God and our fellow man. Stated another way, "You shall not murder" can be expressed as "You shall love life". We shall love the lives given to us by God and love the lives of all of his creation. This love moves us with compassion. Compassion is what happens when we care about another person's life circumstances and seek to do good on their behalf. A heart filled with compassion will not seek to gain at the expense of someone else's demise. It will always try to find a way for everyone to be helped. Compassion resists the selfishness that disregards others. Instead, a compassionate heart realizes blessing others will help them reap the benefits that contribute to self interest.

Communication

We live in changing times. According to Gallup, in the year 2000, U. S. Church membership in America was 70%. That means 7 out of 10 people claimed to belong to a church, synagogue or mosque. In 2020, only 47% of Americans said they belonged to a church, synagogue or mosque. Less than half the people in our country are engaging with the faith community where the moral teaching of "You shall not murder" is communicated. This moral foundation must be communicated beyond the walls of our local places of worship. As a community, we must speak these words into the hearing of our children. We must communicate this timeless truth to anyone and everyone, at any time, and in every place.

Conviction

In order to add substance to the words "You shall not murder", we must uphold the commandment with conviction. We must say it and support it. We support this commandment by speaking up when others violate the command. What does that look like? It looks like helping local law enforcement agencies identify and convict the perpetrators. When we see something, we must say something. For the sake of our community, we must have the courage to stand up for our convictions and speak up for justice. If we believe murder is wrong, then we must call out the wrong and let justice make it right. The end result conviction is a community that recognizes there is a tangible penalty for wrong doing. That alone may deter others from seeking to do harm.

Lead with love and compassion. Communicate truth and let it spread in our community. Uphold what is right and allow conviction to purge our land of wrongdoing. Then and only then will we reclaim the moral high ground.

2 LINES THAT RHYME

"A Community Competition for better learning."

The Macon County Community Partners Task Force (MCCPTF) is launching a "Two Lines That Rhyme" radio game to keep people's awareness of COVID-19.

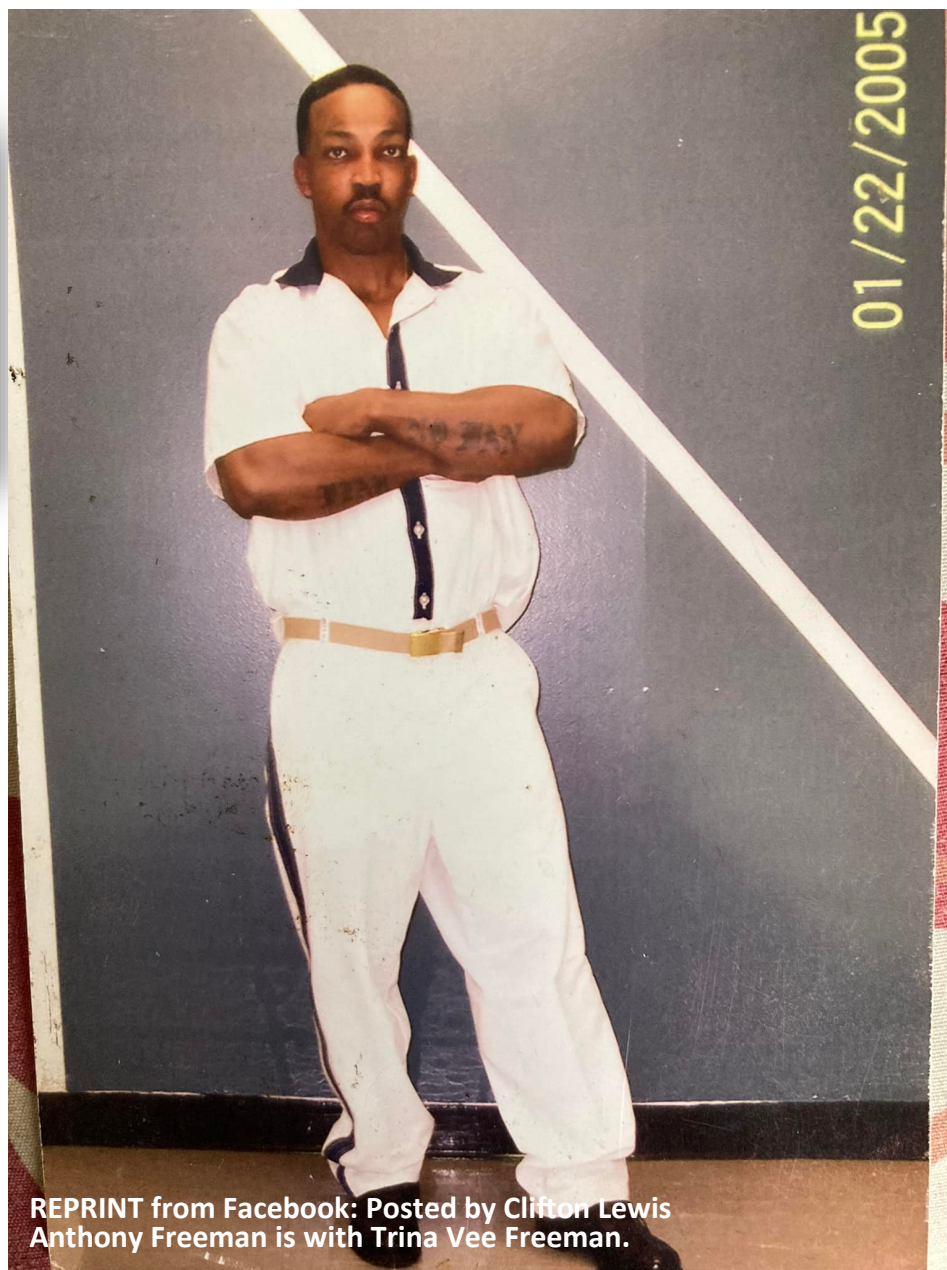
The Task Force consists of multiple organizations throughout Macon County that came together under one umbrella to act in the greater good of the community to address the impacts of COVID-19. COVID-19 has not gone away, and it is important that we stay vigilant. For more information on the Task Force, please visit the website: www.maconcares.org and you can also pick up the Task Force newspaper at local post offices and restaurants.

Rules of the Game:

On the day of the game, callers will call-in and give their best "Two Lines That Rhyme" based on what they know about how to stop the spread COVID-19.

The rhymes of the first five callers will be accepted by (DJ Booty Rush). He will judge the rhymes on creativity, relevance to the topic, and how well the lines rhymed.

Once the scores have been tallied by the DJ, the caller of the best "Two Lines That Rhyme" will be announced over the air and the winner will be the recipient of a \$25.00 gift certificate from Family Foods. The winner will be advised to pick up their gift certificate at the WUBZ-107.7 Radio Station.



MESSAGE TO YOUNG BLACK MEN!

To all young men that's out here thinking it's a joke out here rejecting the word of God shooting, robbing, calling yourself gang banging and I say calling yourself because you have no clue what real gang banging is. I've experience 29 years of my life in prison so I'm telling you what I know, not what I've heard. I went to prison when I was 14 years old just because I was with someone who committed a crime. One picture is of me doing my time and the other picture is the reality of just one of the consequences that you will face in prison. Just know that when you see this, that person is either dead or fighting for his life. You out here thinking you're big and bad but as soon as you get into trouble, you calling your mom. Ain't no calling your mom in prison to bail you out. Ain't no guns in prison. You have to go for what you know, man up or make a shank which is a knife. Sometimes you don't have the means to even buy one so what you gone do? Every man is for himself. They don't care what reputation you had on the street. They don't care how many guns you owned. They don't care how many people you shot. They don't care who your family may be. You can't depend on or trust nobody. I've seen young men like y'all come in there thinking you're bad and end up being somebody's girlfriend or somebody's do boy. You can't call the police. The older inmates are waiting on you young men to come in. They are like some hungry hyenas waiting on their next prey. There is only one guard for an entire unit which holds 960 inmates and trust me, they will not risk their life trying to save yours and plus the guard is on the side of the aggressor because they are afraid as well not wanting to be the next victim. Late at night you crying wanting to go home and hungry but not one time have you called on Jesus while you were out here breaking the law. It's not funny when you have to be told what time to go to bed and what time to get up and take a shower. Oh and the showers are cold in the winter and hot in the summer and you only have 5 minutes to shower. I haven't seen not one of you out here that's built for prison. Not one! The food is horrible. You have to fight with the flies to get your meal. Eat with one hand and fan flies with the other. I'm trying to help you before you end up making the worse mistake of your life. Please, Put the guns down. Learn how to love one another. Get your life right with God before it's to late. If you don't know how, I'm here and you can meet me at church where we will not look down on you for what you have done wrong. Rather we will pray for and with you and lift you up. All have sinned and come short of the glory of God but make this day your last day running the streets because the streets don't love you but God do. If any of you need to talk or want to hear my testimony of how God saved me at my lowest point, brought me out of prison and blessed me with my beautiful God-Fearing wife, I'm here.

SHERIFF ANDRE' BRUNSON JOINS DAVID CRUZ ON HIS FAITH WALK:

Pennsylvania, PA to Miami, FL



Sheriff Brunson says: "Deputy Q. Morgan spotted David Cruz walking through Macon County enroute to Miami, FL and notified me. We offered him comforts such as food and a shower to show him that we cared for him, but he refused saying that God provides his needs. I had to meet this man. I left my home and went to Notasulga where he was located. David and I talked about law enforcement, conditions in society, our faith in God, among other things. I was impressed with David's spirit and wanted to show him this community's support. Therefore, I decided to join his walk for about thirty miles from Notasulga, through Tuskegee, to Tallassee, Alabama. The walk and experience were well worth the effort!"

See videos here

<https://youtu.be/6gRLOHqAw9k>

https://youtu.be/M_VSH1ITm9A

MACON COUNTY, ALABAMA



THE MENTAL HEALTH OF CHILDREN DEPENDS ON WHAT IS PUT INTO THEM! SEED, INC. TAPS THEIR IMAGINATION, CREATIVITY AND HUNGER FOR KNOWLEDGE, AS THEIR LITTLE MINDS ARE KEPT IN TOUCH WITH COMMUNITY NORMS & THE EARTH!

REPRINT from Website.

We believe that children from all walks of life have the potential for genius if that innate spark is nurtured through education. Therefore, we envision an educational system that prepares all students to engage in advanced scholarship according to their interests, participate in the local economy, and institute best practices in holistic community development wherever they may live.

By the time children graduate the sixth grade they know how to research, develop, produce, and market at least one agricultural product, and by twelfth grade, they should know how to research, develop, produce, and market at least one industrial product.

We are committed to making man (male and female) in the image and likeness of God by teaching students how to become economically independent and institutionally sovereign. To that end, we dedicate our resources to:

- Delivering high-quality, project-based service learning, beginning with agriculture and industry;
- Providing innovative economic opportunities for participants, with a focus on low-income communities;
- Partnering with others in the community to improve educational and economic opportunities;

Advancing the scientific education of children at the public policy level. SEED Inc is committed to teaching students how to become economically independent and institutionally sovereign. Above all else we value:

- Integrity: Principled decision making is our guide;
- Teamwork: Working cooperatively towards a common goal;
- Reverence: Honoring the light and life of all that we meet;
- Innovation: Creative solutions to difficult problems; and
- Excellence: Perfect execution of our responsibilities.

The idea for Students for Education and Economic Development was born out of a tragedy in 1985 when high school basketball star Ben Wilson was murdered in the streets of Chicago.

The late Rev. James Bevel and his colleagues prayed about a solution to the increasing violence among young people and determined that proper education and economic development opportunities were the missing element in these children’s lives. These are the roots of the first SEED organization.

The second generation of SEED Inc was incorporated by Scott and Erica Muhammad in Alabama in 2010; they currently serve as co-directors of the organization. They have run organic agriculture camps for children since 2001 in Illinois and Alabama.

THE MENTAL STATE OF BLACK COMMUNITIES ACROSS THIS NATION, IF NOT THE WORLD, WILL IMPROVE WHEN BLACK PEOPLE LEARN TO VALUE THEIR LIVES AS WELL AS THE LIVES OF OTHER BLACKS, AND STOP KILLING EACH OTHER AND/OR TOLERATING SUCH MADNESS. SO, LET US KEEP THEIR LEGACIES ALIVE!



TUSKEGEE MEMORIAL GARDEN

“Remembering the 80 Human Beings who were murdered in Macon County, Alabama, since the year 2000!

Many families of the MURDERED victims have been contacted by Seed, Inc. Coordinators and invited to engage in planting fruit trees in the Memorial Garden to memorialize their loved ones. Moreover, the garden is the brainchild of Scott and Erica Muhammad, who live in Ridgewood. The Memorial Garden is located at the Ridgewood Residence Center, 2907 Davidson Street 36088, off Howard Road.





“IGNORANCE OF THE LAW IS NO EXCUSE!”

So, let us Be and Do Better!

Comments from the Sheriff:

TEENAGERS PROMOTING SELF-HELP AMONG GIRLS AND WOMEN: ERADICATING IGNORANCE OF THE PERIOD!

Breanna and Brooke Bennett, the teen founders of Women in Training, Inc., or WIT, early realized that merely distributing monthly WITKITS of menstrual and hygiene supplies will not solve the underlying cause of period poverty, which is poverty. Period! In most cases, the girls, women and nonbinary youth whom WIT serves were born into poor families who have lived in poverty for generations.

The young visionaries aim to end this generational poverty by inspiring girls to engage in lucrative Science, Technology, Engineering, Arts and Math (STEAM) careers. Sadly, more than 80 percent of the high school young women whom WIT serves indicate that math and science are their most challenging subjects.

The young women also state that they are struggling more in those key subjects during the COVID-19 pandemic. WIT is working to correct this academic deficiency in math and science and, ultimately, break the cycle of generational poverty.

FDA approves Pfizer, Moderna vaccines for young children

The commissioner of the Food and Drug Administration, Dr. Robert Califf, spoke at a virtual press conference after the agency approved the emergency use authorization for the Moderna and the Pfizer-BioNTech COVID-19 vaccines for children as young as 6 months old.

Video Transcript

ROBERT CALIFF: Today, the FDA authorized the emergency use of the Moderna COVID-19 vaccine and the Pfizer-BioNTech COVID-19 vaccine for children down to six months of age. We know that many parents, caregivers, and clinicians have been anxiously awaiting today's authorizations. We're acutely aware of the importance of having vaccines available for our youngest children, and as we've seen with the older age groups, we expect that the vaccines for younger children will provide protection for the most severe outcomes of COVID-19, such as hospitalization and death.



Today's actions are twofold. First, we authorized the Moderna COVID-19 vaccine to include use of the vaccine in an individual six months through 17 years of age. Prior to today, this vaccine has been authorized for use in adults 18 years of age and older. We also authorized the Pfizer-BioNTech COVID-19 vaccine to include use of the vaccine in children six months through four years of age. This vaccine has previously been authorized for use in individuals five years of age and older.



Macon County Sheriff Andre' Brunson

GUNS ARE BAD FOR BLACK PEOPLE'S HEALTH WHEN MIXED WITH IGNORANCE, EMOTIONS, INTOXICANTS, DRUGS, AND RACIAL HATRED!



COVID-19 and Comorbidities

Two important ways that communities are described in public health are related to the most frequent cause of death (mortality rates) and rates of specific illnesses (morbidity rates). The term comorbidity is used in public health to describe the simultaneous presence of two or more diseases or medical conditions in a patient. Depending on the illness being targeted for mitigation or treatment, the presence of specific comorbidities may lead to a higher likelihood of more severe disease.

The SARS COV2 pandemic has spotlighted the impact of having a pre-existing condition on the ability of individuals to fight a new illness like COVID-19. SARS-CoV-2 infects people of all age groups, but individuals over 60 years, along with comorbidities such as diabetes, chronic respiratory disease, and cardiovascular diseases, are at a higher risk of developing an infection. 1 The chart below displays the frequency of comorbidity and the number of individuals who have died from COVID-19 with that comorbidity documented early in the pandemic by the World Health Organization (WHO). 2

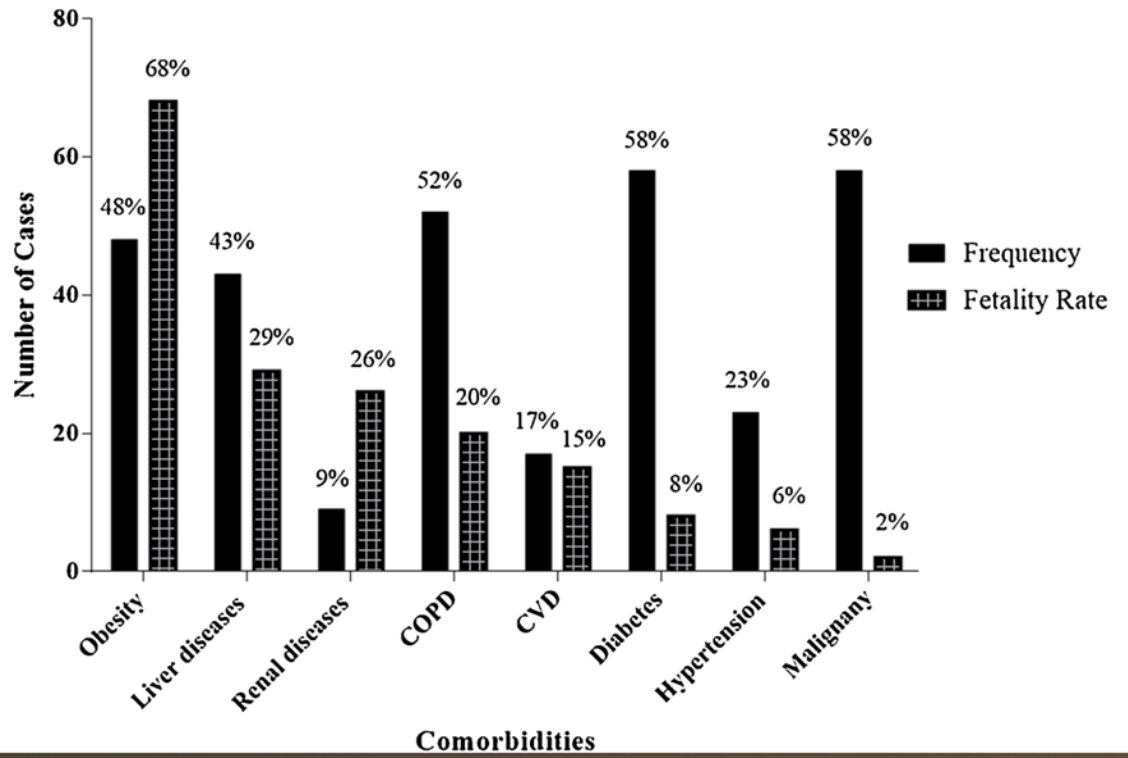
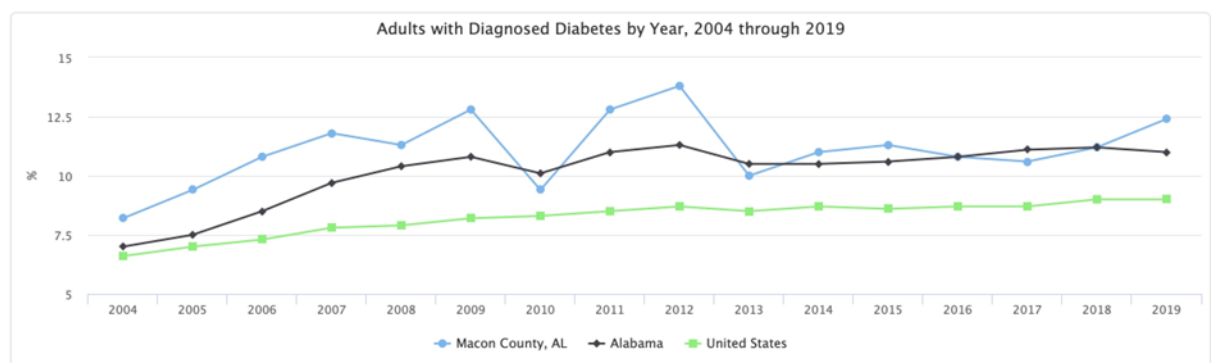


Figure 1: The frequency of comorbidity and its fatality in COVID-19 infections 3
 1 Geneva, Switzerland: https://www.who.int/docs/default-source/coronaviruse/situation-reports/20200609-covid-19-sitrep-141.pdf?sfvrsn=72fa1b16_2. [Accessed 9 June 2020] (2020)
 2 <https://doi.org/10.1016/j.jiph.2020.07.014>
 3 Ibid

Socio-demographic information for Macon County, AL, below reflects the most recent data that make some residents more vulnerable to severe illness from COVID-19. The Macon County Community Taskforce shares this information to highlight the importance of why we continue to ask you to mitigate.

The table below displays the percentage of adults in Macon County diagnosed with diabetes from 2004-2019. Individuals with diabetes are more likely to get COVID-19 due to impaired phagocytic cell capabilities and the elevated level of ACE-2 receptors related to this illness. These and other cell processes make cell entry easier for the SARS COV2 virus and increase the likelihood of ICU admissions by 14%.

Report Area	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
Macon County, AL	8.2%	9.4%	10.8%	11.8%	11.3%	12.8%	9.4%	12.8%	13.8%	10.0%	11.0%	11.3%	10.8%	10.6%	11.2%	12.4%
Alabama	7.0%	7.5%	8.5%	9.7%	10.4%	10.8%	10.1%	11.0%	11.3%	10.5%	10.5%	10.6%	10.8%	11.1%	11.2%	11.0%
United States	6.6%	7.0%	7.3%	7.8%	7.9%	8.2%	8.3%	8.5%	8.7%	8.5%	8.7%	8.6%	8.7%	8.7%	9.0%	9.0%



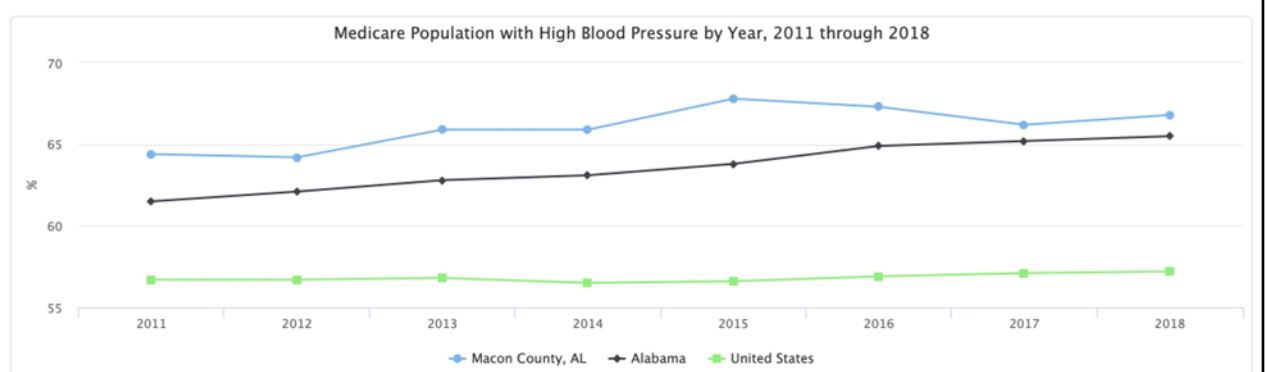
Data Source: Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion. 2019. Source geography: County
<https://doi.org/10.1016/j.jiph.2020.07.014>

This indicator reports the percentage of the population in Macon County with hypertension (high blood pressure) from 2011-2018. Uncontrolled blood pressure is associated with COVID-19 infection and a high case fatality rate (CFR) from the disease.

Data Source: Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion. 2019. Source geography: County

<https://doi.org/10.1016/j.jiph.2020.07.014>

Report Area	2011	2012	2013	2014	2015	2016	2017	2018
Macon County, AL	64.4%	64.2%	65.9%	65.9%	67.8%	67.3%	66.2%	66.8%
Alabama	61.5%	62.1%	62.8%	63.1%	63.8%	64.9%	65.2%	65.5%
United States	56.7%	56.7%	56.8%	56.5%	56.6%	56.9%	57.1%	57.2%



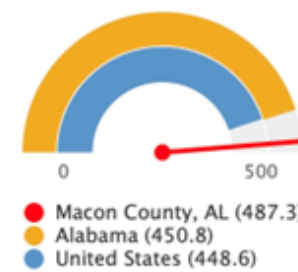
Data Source: Centers for Medicare & Medicaid Services, CMS - Chronic Conditions Warehouse. 2018. Source geography: County

This indicator reports the age-adjusted incident rate of cancer (all sites) adjusted to 2000 US standard population age groups. Patients suffering from any malignancy are at a higher risk of developing COVID-19 infection due to the weak immune response.

This indicator displays national, state, and local variation in the prevalence of obesity among the population by gender. Obesity (BMI ≥ 30 kg/m²) and COVID-19 are linked with reduced oxygen saturation of blood by

Report Area	Estimated Total Population	New Cases (Annual Average)	Cancer Incidence Rate (Per 100,000 Population)
Macon County, AL	25,446	124	487.3
Alabama	5,967,169	26,900	450.8
United States	379,681,007	1,703,249	448.6

Cancer Incidence Rate (Per 100,000 Pop.)



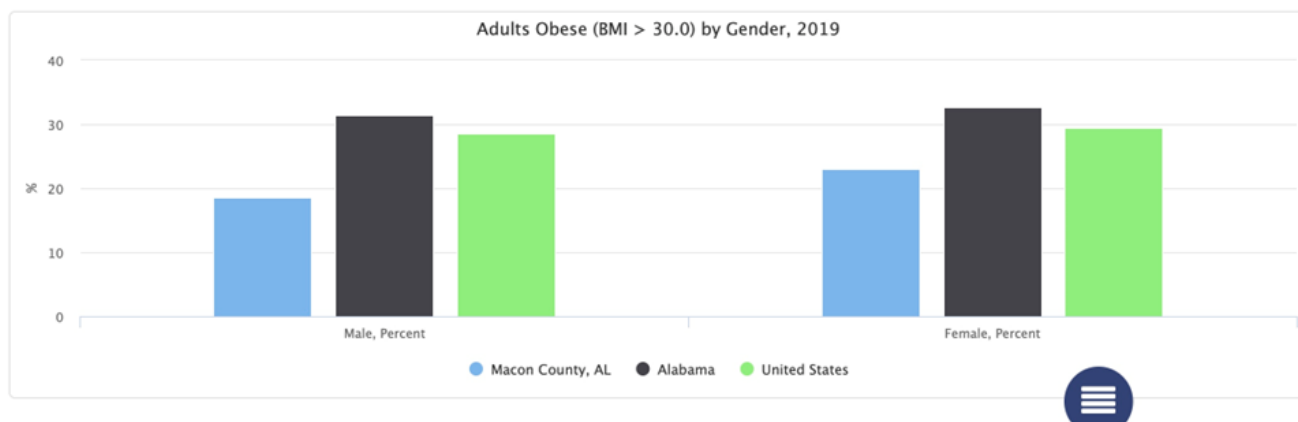
Note: This indicator is compared to the state average.
 Data Source: State Cancer Profiles. 2014-18. Source geography: County → Show more details

compromised ventilation at the base of the lungs. Macon County has a lower incidence of obesity than the State of Alabama and is also lower than the national average for this indicator.

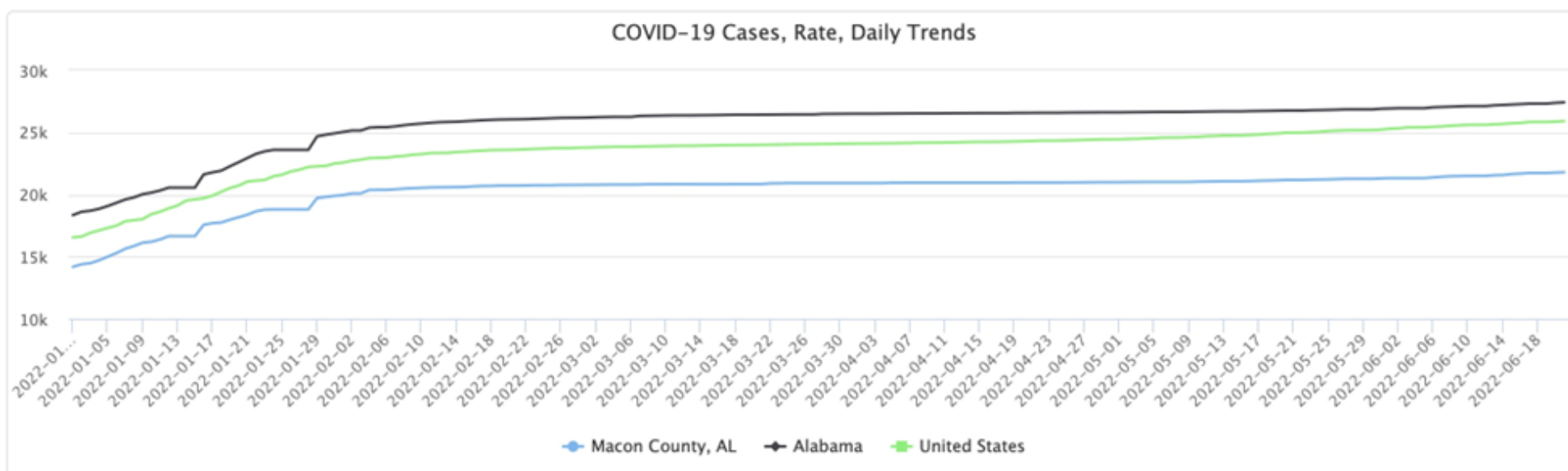
Data Source: Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion. 2019. Source geography: County

The chart below displays local, state, and national trends in the cumulative rate of laboratory-confirmed (PCR) COVID-19 cases per 100,000 total population. Macon County has a lower rate of cases than the State of Alabama and the United States. However, the story is much different when you look at the mortality rates due to COVID-19.

Report Area	Male	Male, Percent	Female	Female, Percent
Macon County, AL	1,147	18.6%	1,756	23.0%
Alabama	555,052	31.4%	632,434	32.7%
United States	33,675,337	28.6%	36,285,952	29.5%



Data Source: Johns Hopkins University. Accessed via ESRI. Additional data analysis by CARES. 2022. Source geography: County

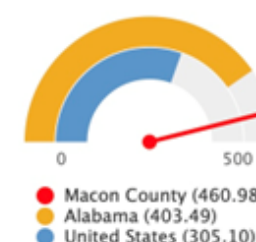


COVID-19 - Mortality

In the report area, there have been 85 total deaths among patients with confirmed cases of the coronavirus disease COVID-19. The mortality rate in the report area is 460.98 per 100,000 population, which is greater than the state average of 403.49. Data are current as of 06/22/2022.

Report Area	Total Population	Total Deaths	Deaths, Rate per 100,000 Population	Last Update
Macon County, AL	18,439	85	460.98	06/22/2022
Alabama	4,887,871	19,722	403.49	06/22/2022
United States	326,262,499	995,437	305.10	06/22/2022

COVID-19 Deaths, Crude Rate per 100,000 Population



Note: This indicator is compared to the state average.
 Data Source: Johns Hopkins University. Accessed via ESRI. Additional data analysis by CARES. 2022. Source geography: County → Show more details

Patients with other comorbidities are at significant risk for severe illness and death due to COVID-19; early intervention and management of these patients with adequate and appropriate medical care is imperative to survival. As we learn more about this disease each day, we will continue to provide trustworthy information for your use and survival.

Crystal M. James, JD, MPH
 Special Assistant to the President of Tuskegee University for COVID-19 Recovery
 Co-Chair, Macon County Community Taskforce Health Care Subcommittee

Macon Means

Macon County Food Distributors Round Table

July 2022

Free Food

Distribution Schedule



S

M

T

W

Th

F

S



1

2

3

4

5

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9

Tuskegee University's First Day of Class 1881

11:00 Helping Hand Ministry
Mt Olive MBC
410 Cedar St
Tuskegee
Rev. A. Williams

10

11

12

13

14

15

16

11:00 Helping Hand Ministry
Carver Elem
303 Hwy 29 S
Tuskegee
Rev. A. Williams

11 Bowen UMC
2107 W Mtg Rd
Senior's Food

17

18

19

20

21

22

23

9 Macon Co Food Pantry
Daly St
Last Names A to G

9:30 AKN
4771 Hwy 199
11:00 Helping H
Greenwood MBC
1510 Wash Ave
Tuskegee Inst.

Children's Food Distr.
Brownville, Notasulga,
Shorter/Tuskegee
Warrior St/Cotton V

24/31

25

26

27

28

29

30

12 Macon Food Distributors Roundtable Zoom Meeting

11:00 Helping Hand Ministry
District 4 Center
1200 Co Rd 27

11 Bowen UMC
2107 W Mtg Senior Food

The Macon Food Hotline: (334) 724-2550

https://youtu.be/BPL_EqhQxpu

DO YOU NEED FOOD ASSISTANCE?

If your answer is yes, there is no reason to go hungry! Just show up at the above listed sites, on the specified dates and Macon Means and associated partners will be there to assist those of you who need assistance. This is about people helping people!

PLEASE CALL THE ABOVE LISTED TELEPHONE NUMBER FOR INSTRUCTIONS.



NOTICE!

The Covid-19 Pandemic is still with us! It is obvious that common sense is leading to many people not masking, distancing, and washing, so let us try a "good sense" appeal: "Don't Drop the Ball," the life you save may be your own!



Macon County
Community Partners Task Force



GET FOOD

GET HELP

GET NEWS

GET FACTS

GET TESTED

GET SUPPLIES

www.maconcares.org

MACON CARES

COMMUNITY ALERT!

U. S. SPANISH FLU PANDEMIC: 1918-19
DEATHS: 675,000

COVID-19 DEATHS in U. S.—2020-2021
CASES: 86,560,333 DEATHS: 1,013,333

ALABAMA COVID-19 UPDATE
As of May 23, 2022

CASES: 1,340,110 DEATHS: 19,697

MACON COUNTY COVID-19 UPDATE
CASES: 4,018 DEATHS: 85

THE FACE OF HUMAN ENEMY #1!

The Enemy that reminds us of God's Goodness!
PLEASE PAY ATTENTION & "DON'T DROP THE BALL" ON HEALTH & SAFETY!

The Macon County Community Partners Task Force created this publication following the devastating impact of the Coronavirus Pandemic. Task Force members pondered the best ways to alert and educate county residents of the best health related methods of protecting themselves from catching COVID-19; as well as how to socialize safely and eat better to strengthen their immune systems to protect against the virus. Weekly Zoom Meetings, a website, and Newspaper were determined to be the best methods of reminding county residents that COVID-19 will be with us for an undetermined time and encourage people not to "drop the ball" on safety, cleanliness and socialization habits. This **FREE** Health Newspaper is managed by the Macon County Health Care Authority, Inc. and published by L & B Consultant Services, Leon E. "Chief" Frazier, President, and Diane Kenney, Editor. The Task Force presented funding requests to the City of Tuskegee, Macon County Commission, Community Outreach Organizations; as well as county residents who care about the situation in their communities. You can support this newspaper by sending donation, ads, or articles for publication to: Macon County Health Authority, P. O. Box 830214, Tuskegee, AL 36083. Email: maconhealthauthority@gmail.com Publisher's Telephone: 334-492-4047.